

# FCS 5230 Adolescence (3 cr.)

**Instructor:** Aimee Fox  
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**Office Hours:** By appointment



**Required Text:** Steinberg, L. Adolescence. [CURRENT EDITION] New York: McGraw-Hill.

## **Course Learning Objectives:**

This course offers an in-depth examination of adolescent development, within the context of families and society as a whole. Topics will include biological and cognitive transitions, the development of autonomy and identity, peer and dating relationships, sexuality, parent-adolescent relationships, and the psychosocial problems of adolescence.

Students in this course will:

1. Examine the ways in which major biological, cognitive, social, and psychosocial transitions in adolescence influence adolescent thinking and behavior, within the contexts of family and peer relationships, as well as the broader context of society as a whole.
2. Apply knowledge of the major transitions that occur during adolescence to research and discussion of a particular issue of interest.
3. Synthesize research and theory regarding an adolescent issue of interest and make recommendations for application.

**Online Course Description:** All course work is completed online on our Canvas course web page. There are no in-person class meetings or exams. This online course has been designed in an asynchronous format to provide students with the flexibility in managing their own learning. This means that there is no scheduled course time that students must be present online.

## **Typical Online Class Requirements:**

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| 1. Weekly Discussion Posts            | 25%          |
| 2. Weekly Quizzes                     | 25%          |
| 3. Annotated Bibliography             | extra credit |
| 4. Campaign For Change                | 20%          |
| 5. Research and Recommendation Report | 30%          |