

FAMILY AND CONSUMER STUDIES

Covid-19 2020

SPECIAL COVID-19 EDITION "Coping with Covid" - The FCS Family Way

What a wild Spring Semester! Coronavirus swooped in like a cool breeze (with serious malicious intent) and the entire FCS department had to say goodbye to the Alfred Emery Building. Swift adjustments to telecommuting were made by the faculty and staff. Faculty hurriedly moved all of their Spring and Summer classes online. Continuing to teach their spring courses, professors also worked on their research and other departmental responsibilities while incorporating endless Zoom meetings into their schedule.

For this special Covid-19 edition we look beyond the academic commitments and work. How have our faculty been keeping themselves and their families safe, sane and happy during this unprecedented "stay home, stay safe" Covid-19 era?

Let's Investigate ...

Congratulations to Marissa Diener and Dan Carlson !

The FCS faculty, staff and grad students got together via zoom to offer their congrats to Marissa Diener and Dan Carlson, both of whom were recently promoted. Marissa Diener was promoted to Full Professor and Dan Carlson was promoted to Associate Professor with tenure.



SPECIAL COVID-19 EDITION

Department Chair, Professor Lori Kowaleski-Jones

Department Chair Lori Kowaleski-Jones has been hunkered down in AEB west (aka her home) since early March. The house has been shored up by a new retaining wall. Good luck getting in there, Covid-19! Besides sheltering in her citadel, she has been enjoying walking around the neighborhood and on campus with her husband and dogs.



THE WALL!!! and Buddy n' boys



Good lookin' salad and garden!



Professor Russ Isabella

Russ and his wife have been doing a lot of gardening; planting perennials and lots of potted annuals. His wife has been doing a lot of vegetable gardening and they already have had a few lettuce, spinach, and radish crops. They have been trying to eat healthy and have mostly been successful. Russ treated himself to nice hybrid bike and has been putting it to good use!

Associate Professor (with tenure!) Dan Carlson

"We play outside and ride our bikes. We are also coping by just letting go of some attachments and recognizing our limitations. Jen is a clothing designer and has been making and selling masks... with a 5 and 3 year old, it has been a major struggle trying to juggle our work, home and childcare responsibilities. The pandemic is stressing a lot of people to the maximum and it is not possible to continue to do everything to the extent and level we did prior to the pandemic. Letting go of some things is okay in a time like this."

- Dan Carlson



SPECIAL COVID-19 EDITION



David's garden and his children showing how to utilize the ropes course.



Assistant Professor David Curtis

David Curtis and family are keeping their sanity during these weird days by spending a lot of time in their yard and in the trails by their house.

David built a ropes course! He and the kids like playing on the various challenges. David and his partner, Shalee, have been working hard to develop a green thumb.

Professor Cheryl Wright

Cheryl and Scott Wright have been growing a Victory Gardern and sharing the produce with friends, family and lucky co-workers through a variety of bakes.



Professor Barbara Brown

Barbara Brown has been enjoying feeding the birds in her yard and managed to bring in a bunch of Lazuli Buntings and one Indigo Bunting! Barb and her husband enjoyed doing an online craft chocolate tasting class through Tony Caputo's.

But of most interest to Barb? She is writing a book review for *Science* magazine and learning a lot from this pleasure reading. Professor Brown states "The author contends that a healthy home is full of uninvited guests of the bacterial variety. Did you know that dogs, pillowcases, and showerheads all provide homes to different bacteria, most of which are indifferent to humans or even helpful? The book encourages having an appreciation for biodiversity and provides a warning that we over-sanitize our homes at our own peril!"



Lazuli Buntings (top) and an Indigo Bunting (bottom)

SPECIAL COVID-19 EDITION

FULL Professor Marissa Diener

Marissa Diener and family are taking daily hikes or exploring SLC on foot (while social distancing, of course). Marissa has been enjoying being more involved in the kids schoolwork and engaging in what they are learning.

The Diener family has kept their artistic side on point by choreographing a few dances and recreating *Judith Beheading Holofernes* (top photo), a painting the family viewed in Florence a few years ago. Plus, their yard looks better than it has in years!



CSBS Associate Dean, Professor Cathleen Zick and Professor Ken Smith



Ken tending the green and successful sourdough!



"Like the rest of the country, our focus seems to be on bread and gardening. We have both experimented with bread baking. Ken made naan (really yummy), french bread, and biscuits. I made a sourdough whole wheat blend bread (photo at left). We have also planted a garden in the raised beds that we put in our front yard last fall. We have tomatoes, garlic, onions, peas, peppers, cucumbers, basil, potatoes, and eggplant. So far, we haven't killed any plants... but, there is still plenty of time for that!"

- Cathleen Zick

Professor Jessie Fan

Jessie is an avid hiker and spent time "staying cool" during a hike to Dog Lake via Big Cottonwood Canyon and had a bison encounter of the Antelope Island kind. Her yard, like many of our faculty, is also benefitting from a little more time spent at home.



Dog Lake (left) and Antelope Island

SPECIAL COVID-19 EDITION



The Ambassador Bridge in Detroit and the Jordan River Parkway

Professor Zhou Yu

Zhou visited Detroit in February 2020 before the pandemic limited travel. He enjoyed experiencing the city's rebirth and felt it vibrant, colorful and full of energy (compared to his visit a decade ago). He continues to enjoy his long runs along the Jordan River Parkway and Dimple Dell Park.

Clinical Instructor Trish Saccomano

Trish has been keeping the inner artist alive by challenging herself to do a sketch a day. Just to the right you see sketch #5. Pretty cool Trish! We will need to check in and see how day 60 looks... do the sketches become increasingly nuttier? Is the person in the portrait wearing a mask? When she has concluded with her day Trish enjoys sitting on her west facing porch and watching the sunset.



Sketch #5 and the relaxing west porch



Professor Sonia Salari

Sonia has been enjoying her yard and being surrounded by her best friends. Bella, her rescue Newfoundland on the right and her smiling Samyod on the left.



SPECIAL COVID-19 EDITION

Assistant Professor Su Shin

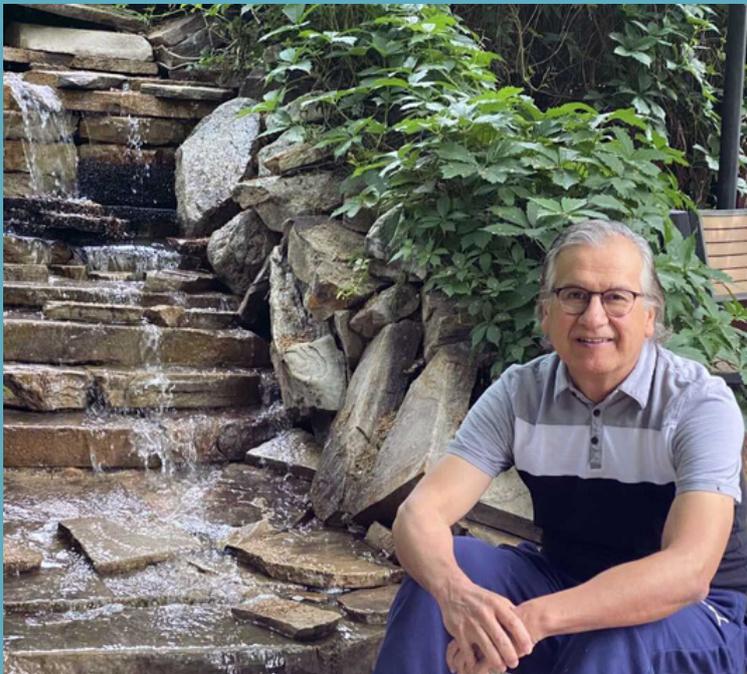
"I have not gone out for two months, so I don't have any photos. Surprisingly, this lockdown situation does not dampen my spirit at all, though.... My husband and I watched a Korean drama, which is called "Kingdom" on Netflix. It was so fun. It was about a zombie epidemic during a Josun period (1000 years ago). You should check it out if you have a subscription to Netflix."

- Su Shin



A Special Covid Message From Professor Armando Solarzano

LIFE FLOWS LIKE A RIVER - The pause that Covid-19 has opened in our lives causes me to reflect on whether any of my books will survive the test of time. It has given rise to the challenge of integrating more personal and human interaction in online classes, and to the need of broadening our definitions of engagement, scholarship, and community service in a way that brings together all peoples, nations, and our environmental surroundings into an integral, collective mode of living.



Armando by the backyard waterfall he built, which has served as a place of refuge and reflection over the years.

Jenny Stout Undergraduate Advisor

"In the spirit of 'keeping it real' I would say this has been HARD and physically and emotionally EXHAUSTING. Never before have my blessings and privileges been so apparent to me. I am grateful for the support and patience I have received from my FCS family, advising family and CFDC family.

On the weekends we go on adventures: wild horses in Tooele County, hikes in the Wasatch and Uintah mountains and fishing in Mantua. We are also tending to a vegetable garden and enjoying our baby chicks."



SPECIAL COVID-19 EDITION

Otis asking "why are we going home?" and Scotch Broom



Ashley Johnson

Administrative Manager / Graduate Advisor

Ashley, our official FCS "go-to" gal has been enjoying morning walks with Otis through the neighborhoods surrounding her home. She has had the occasional rare Rob Mayer sighting and tapped into her curiosity about plants and regularly photographs and identifies the ones she wants in her yard. The walks have also created a bit of y-envy (yard envy). Always something new to strive for!

Annie Frazier
CFDC Director

The Frazier Clan has been busy with school and work from home. Annie and Jason have been working, while both Annie and the kids have been "trying" to complete their school work. Annie is finishing up her thesis and has learned she is not a fan of homeschooling (or trying to keep her 83 year old mother from going out with friends). She also got a new dog, watched a lot of Netflix and is enjoying having her kids all to herself!

The Frazier Clan (below) and Gus relaxin'



Danielle Willardsen
Academic Coordinator

Danielle has been taking long walks on campus and enjoyed watching the flora come to life over the last two months. She is taking care of a baby sparrow who fell out of nest on her patio. "Percy" has grown at an exponential rate close to Covid-19 potential. Percy will soon be ready for release and will need to figure out how to survive. As it should be.



Baby bird May 31
(above) and baby bird "Percy" June 8

SPECIAL COVID-19 EDITION

Julio Gutierrez

Student Office Assistant

Julio has been spending his time running and finding new and interesting spots on campus to set up the hammock. Don't let the serenity of the photo fool you, he sets up the hammock and watches his summer class zoom meetings - 16 academic hours worth of them! Well done Julio!



Alejandro Fierro

Student Office Assistant

During 'stay home, stay safe' Alejandro opted to make the outdoors his home as much as possible. He has been engaging in a variety of recreation such as backpacking, paddle-boarding and hiking with both friends and family. Considered part of Alejandro's "family" are his roommates, shown at left on a trip to southern Utah.

Family and Consumer Studies

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If at any time during the Covid-19 pandemic you find yourself needing some support, remember you are part of our FCS Family. Please reach out to us and we can help you find the resources you need.