

HUMAN DEVELOPMENT AND FAMILY STUDIES MAJOR

Minimum Major Hours : 32

1. DEPARTMENT CORE (11 Credit Hours)

Sem	Grade	Course	Credits
		FCS 3200 Research Methods	4
		FCS 3210 Statistics (QB/QI)	4
		FCS 3450 Family Economic Issues (QI/BF)	3
		-or-	
		FCS 3600 Consumer and Community Studies	3

2. HDFS CORE (6 Credit Hours)

Sem	Grade	Course	Credits
		FCS 1500 Human Development Across the Lifespan (BF)	3
		FCS 2400 Family Relations Across the Life Course(BF)	3

3. HDFS ELECTIVES (15 Credit Hours –SEE LIST ON RIGHT)

Please note that some courses have more than one credit hour option. To find out how many hours a course you have taken or plan on taking qualifies for, please check with FCS advisor.

4. Independent options such as Field Training or Independent Study are available; please see the FCS advisor for more information.

5. ALLIED COURSES (12 Credit Hours)

Students may choose allied hours from the social and behavioral sciences, education, health sciences, CCS, and/or other areas approved by the FCS department. Students DARS will list all approved departments. Students are encouraged to consider certification programs such as Early Childhood Education, CFLE, Child Life or Gerontology to increase career options.

Approved allied hours: _____

All HDFS and allied courses must be taken for a letter grade, with a minimum grade of C-. At least 18 semester hours for HDFS major and 6 hours for the minor must be completed at the University of Utah.

Advisor: Jenny Stout

Schedule appointment: 581-6521

Office: 232 AEB Phone: 581-4431

E-mail: jenny.stout@fcs.utah.edu

Website: www.fcs.utah.edu

REQUIREMENTS SUBJECT TO CHANGE. Students encouraged to meet with their advisor on a regular basis.

HDFS ELECTIVES

15 credits minimum / 2 courses must be at the 5000 Level

Sem	Grade	Course	Credits
		FCS 2570 Middle Childhood	3
		FCS 2610 Understanding Children	3
		FCS 2620 Child Development Practicum	3
		FCS 2621 The Whole Child	3
		FCS 2640 Integrated Curriculum Methods	3
		FCS 3180 Home, School, and Community Relations*	3-4
		FCS 3215 Development in Infancy and Childhood (BF)*	3-4
		FCS 3240 Family Belief Systems (CW)	3
		FCS 3245 Human Sexuality in a World of Diversity(DV)	3
		FCS 3260 Fatherhood	3
		FCS 3270 Parent-Child Relationships	3
		FCS 3290 Ethnic Minority Families (DV) (HF)	4
		FCS 3370 Parenting and Cultures (IR)*	3-4
		FCS 3430 Intro to Family Policy*	3-4
		FCS 3630 Strengthening Homes and Families(BF)	3
		FCS 5170 Creativity and Cognition	3
		FCS 5200 Families and Social Policy	3
		FCS 5210 Family Life Education	3
		FCS 5230 Adolescent Development	3
		FCS 5240 Adult Dev and Family Relations in Later Life	3
		FCS 5250 Theories of Human Development (CW)	3
		FCS 5280 Marriage, Divorce, and Remarriage	3
		FCS 5311 Childhood Healthcare I (Pre-reqs Required)	3
		FCS 5312 Childhood Healthcare II (Pre-reqs Required)	3
		FCS 5370 Family Violence (CW)	3
		FCS 5380 Family Problems	3
		FCS 5390 Gender and Minorities Across Lifespan (DV)	3
		FCS 5430 Families, Consumers, and Health	3
		FCS 5590 Intensive Spanish Culture and Community(IR) 3 week study abroad Summer semester only	4
		FCS 5630 Healthy Communities	3
		FCS 5940 Lifespan Social-Emotional Development	3
		FCS 5950 Undergraduate Research	1-4
		FCS 3962/5962 Special Topics in HDFS	3
		FCS 3450 or 3600 course not used for department core	3

***In order to receive the extra credit hour for this course, students must register for a section of the class that is offering service learning component. The student must also register separately for the corresponding section of FCS 3904 Modes of Learning: Service Learning.**

HUMAN DEVELOPMENT AND FAMILY STUDIES MINOR

HDFS Core (6 Credits)

Sem	Grade	Course	Credits
		FCS 1500 Human Development Across the Lifespan(BF)	3
		FCS 2400 Family Relations Across the Life Course(BF)	3

HDFS Electives (Min. 10 Credit Hours)

Sem	Grade	Course	Credits
		FCS 2570 Middle Childhood	3
		FCS 2610 Understanding Children	3
		FCS 2620 Child Development Practicum	3
		FCS 2621 The Whole Child	3
		FCS 2640 Integrated Curriculum Methods	3
		FCS 3180 Home, School, and Community Relations*	3-4
		FCS 3215 Development in Infancy and Childhood (BF)*	3-4
		FCS 3240 Family Belief Systems (CW)	3
		FCS 3245 Human Sexuality in a World of Diversity(DV)	3
		FCS 3260 Fatherhood	3
		FCS 3270 Parent-Child Relationships	3
		FCS 3290 Ethnic Minority Families (DV) (HF)	4
		FCS 3370 Parenting and Cultures (IR)*	3-4
		FCS 3430 Intro to Family Policy*	3-4
		FCS 3630 Strengthening Homes and Families(BF)	3
		FCS 5170 Creativity and Cognition	3
		FCS 5200 Family and Social Policy	3
		FCS 5210 Family Life Education	3
		FCS 5230 Adolescent Development	3
		FCS 5240 Adult Dev and Family Relations in Later Life	3
		FCS 5250 Theories of Human Development (CW)	3
		FCS 5280 Marriage, Divorce, and Remarriage	3
		FCS 5311 Childhood Healthcare I (pre-reqs Required)	3
		FCS 5312 Childhood Healthcare II	3
		FCS 5370 Family Violence (CW)	3
		FCS 5380 Family Problems	3
		FCS 5390 Gender and Minorities Across the Lifespan (DV)	3
		FCS 5430 Families, Consumers, and Health	3
		FCS 5590 Intensive Spanish Culture and Community(IR) 3 week study abroad Summer semester only	4
		FCS 5940 Lifespan Social-Emotional Development	3
		FCS 5630 Healthy Communities	3
		FCS 5950 Undergraduate Research	1-4
		FCS 3962/5962 Special Topics in HDFS	3

***In order to receive the extra credit hour for this course, students must register for a section of the class that is offering service learning component. The student must also register separately for the corresponding section of FCS 3904 Modes of Learning: Service Learning.**

HUMAN DEVELOPMENT AND FAMILY STUDIES MAJOR

The objective of the Human Development and Family Studies Major is to provide students with an integrated knowledge and interdisciplinary understanding of family relationships and individual development over the life course. The curriculum in the major is organized into two conceptual domains: human development and family studies. Students then choose from several focus courses that expand their knowledge of particular life stage, family process, or family-institution interface within each block of human development courses and family studies courses. Majors are expected to acquire the following skills/knowledge:

Human Development

*Mastery of the principles of human development, and an understanding of the key developmental task of each stage of life.

*Depth of understanding on developmental stages (i.e. infancy, early childhood, adolescence, etc) with particular emphasis on the family as a context for human development.

Family Studies

*Understanding of intra-family processes such as power, decision making, and communication; mastery of family theories and conceptual frameworks, such as the systems perspective, constructivist, functional and conflict theories.

*Mastery of family ecological models, including principles of reciprocity and interdependence between larger contextual environments and the family, and an understanding of family policy.

*Depth of understanding on comprehensive examination of the interface between the family and various social/political/cultural environments.

Methods

*Understanding of the principles of research methods, including issues of internal and external validity, correlation versus causation, and operationalization: ability to critique and evaluate written research reports.

*Ability to perform basic statistical tests, and understanding of the application of statistical tests, and understanding of the application of statistics in the research process.

With these skill graduates are prepared to work with, and for, a variety of private and public organizations. Examples include the following:

*Social services within the government

*Working with programs for people at risk: elderly, children, adolescents, etc.

*Early childhood education

*Child Life Specialist

*Family Life Educator