

## **MAJOR: Human Development and Family Studies**

### **EMPHASIS: CHILD LIFE**

**Minimum HDFS-CL Major Hours: 35-41** (at least 18 semester hours for the HDFS major must be completed at the University of Utah). **All HDFS-CL major and allied courses must be completed with a letter grade of C- or better.**

#### **1. MAJOR CORE (6 Credits)**

FCS 1500 Life Span Human Development (BF)	3
FCS 2400 Modern Family: A Life Course Perspective (BF)	3

#### **2. PREREQUISITE COURSES (9-15 credits)**

**Meet with advisor to ensure successful completion of required prerequisites!**

<b>1- FCS 2610</b> Understanding Children's Behavior	3
<b>2- FCS 2620</b> Child Development Practicum <i>Pre-req: FCS 2610</i> <i>can be taken with FCS 5311 but must be completed before FCS 5312</i>	3 3
<b>3-FCS 5310</b> Foundations of Child Life Practice - <b><u>SUMMER ONLY</u></b> <i>Pre-req: FCS 1500</i>	3-9
<b>OR in place of 5310 all 3 of the following:</b> <b>FCS 3215</b> Beginnings: Development During Infancy and Childhood <b>FCS 5230</b> Adolescence <i>Pre-req: FCS 1500 or FCS 3215</i> <b>FCS 5250</b> Theories of Human Development (CW) <i>Pre-req: FCS 1500 or FCS 3215</i>	

#### **2. CHILD LIFE COURSE WORK (6 credits)**

<b>Fall ONLY</b>	<b>FCS 5311</b> Childhood Healthcare I <i>Pre-reqs: see section 2 above</i>	3
<b>Spring ONLY</b>	<b>FCS 5312</b> Childhood Healthcare II <i>Pre-reqs: Section 2 and FCS 5311</i>	3

#### **3. CHILD LIFE ELECTIVES (Minimum 3 Credits)** Choose 1 Course

These courses can be taken before, with, or after the Childhood Health Care courses

FCS 2570 Middle Childhood: The School Years	3
FCS 2600 Introduction to Early Childhood Education	3
FCS 3215 Beginnings: Dev. During Infancy and Childhood (BF) <i>if not used as 5311 pre-req</i>	3
FCS 3240 Family Belief Systems (CW)	3
FCS 3270 Parenting	3
FCS 3370 Parenting Across Cultures (IR)	3
FCS 3290 Ethnic Minority Families (DV)	3
FCS 5170 Creativity in Young Children	3
FCS 5230 Adolescence <i>if not used as 5311 pre-req</i>	3
FCS 5250 Theories of Human Development (CW) <i>if not used as 5311 pre-req</i>	3
FCS 5310 Foundation of Child Life Practice <i>if not used as 5311 pre-req</i>	3
FCS 5370 Family Violence (CW)	3
FCS 5380 Family Problems	3
FCS 5940 Attachment Theory Across the Lifespan	3

#### **4. DEPARTMENT CORE (11 Credits)**

FCS 3200 Research Methods	4
FCS 3210 Statistics (QB/QI)	4
FCS 3450 Family Economic Issues (QI/BF)	3
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FCS 3600 Consumer and Community Studies	3

#### **5. ALLIED COURSES (12 Credit Hours)**

These courses can be taken before, with, or after the Childhood Healthcare courses from the areas of social & behavioral science, education, health science, consumer & community studies major and/or other academic disciplines approved by the FCS Department. Students admitted to the U of U can use their *Degree Audit Report* to view all approved departments from which to select allied courses from. Students are encouraged to consider adding a second major, minors, and/or certifications to increase career options. SEE BACK PAGE FOR RECOMENDATIONS, then meet with an advisor to discuss

#### **Additional classes required by the Association of Child Life Professional if not certified by Jan. 2019**

FCS 5310 Foundations of Child Life –if not taken in the major  
FCS 3215 Infancy and early Childhood –if not taken in the major  
FCS 5230 Adolescence – if not taken in the major  
H EDU 3190 Death and Dying

The FCS department is currently investigating the need for a new class to cover the ACLP's requirement for a class with very specific curriculum on the topic of play. If a new class is deemed necessary it will be added to this list.

Strongly recommended by the ACLP but not required

Human Anatomy/Physiology H EDU 4650

Medical Terminology H EDU 3030

Ethics with a focus on Medical Health Care

A Clinical Internship has always been required by the ACLP to become a CLS; it will be increasing from 480 hours to 600 hours.

More and more hospitals are now requiring a child life practicum before their internships. To see all your options for practicums and internships across the country we recommend you become a student member of the child life council so that you can access their directory. <http://www.childlife.org/Membership/>

“The Certified Child Life Specialist (CCLS) credential is the exclusive certification issued by the Association of Child Life Professionals (ACLP). The requirements for becoming certified are based on academic and clinical experiences, and successful completion of the Child Life Professional Certification Examination.”

Information taken from: [www.childlife.org/certification](http://www.childlife.org/certification)

The FCS department at the University of Utah does **NOT** provide certification. The FCS department at the University of Utah provides the courses that are recognized by the ACLP as fulfilling their course work requirement.

**RECOMMENDED MINORS/CERTIFICATES (IN A-Z ORDER)**

APPLIED POSITIVE PSYCHOLOGY CERTIFICATE  
<http://ed-psych.utah.edu/positive-psych/undergrad-certificate.php>

DISABILITY STUDIES MINOR  
<http://www.disabilitystudies.utah.edu/undergraduate/index.php>

HEALTH EDUCATION MINOR  
<http://www.health.utah.edu/healthpromotion/undergraduate/Course%20Info%20Sheets/Health%20Minor%202013-2014.pdf>

PSYCHOLOGY MINOR  
<http://www.psych.utah.edu/undergraduate/pdf/checklistminor.pdf>

PEDIATRIC RESEARCH MINOR  
[http://medicine.utah.edu/pediatrics/research\\_education/ped5900/index.php](http://medicine.utah.edu/pediatrics/research_education/ped5900/index.php)

**OTHER COURSES THAT PAIR WELL WITH CHILD LIFE**  
(IN A-Z AND NUMERICAL ORDER)

CLCS 3720 EMPATHY, MEDICINE, AND THE HUMAN CONDITION

ED PS 5062 COPING WITH DIFFICULT PEOPLE  
ED PS 5066 GROWING FROM TRAUMATIC LIFE EXPERIENCE  
ED PS 5070 CHANGING CHILDREN'S BEHAVIOR USING POSITIVE METHODS  
ED PS 5072 POSITIVE PSYCHOLOGY OF WORK AND CAREER

H EDU 1950 EMERGENCY FIRST AID  
H EDU 3030 MEDICAL TERMINOLOGY  
H EDU 3035 MEDICAL SPANISH  
H EDU 3160 STRESS MANAGEMENT  
H EDU 3190 DEATH AND DYING  
H EDU 4350 PERSONAL AND INTERDEPENDENT RESILIENCY  
H EDU 4650 ANATOMY AND PHYSIOLOGY FOR HEALTH

PSY 3150 SENSATION AND PERCEPTION (PSY 1010 PRE-REQ)  
PSY 3460 HEALTH PSYCHOLOGY (PSY 1010 PRE-REQ)  
PSY 4460 SOCIAL PSYCHOLOGY OF HEALTH ILLNESS (PSY 3460 PRE-REQ)

SOC 3671 SOCIOLOGY OF HEALTH

SP ED 3010 HUMAN EXCEPTIONALITY  
SP ED 3020 SPECIAL ED GLOBALIZATION AND INTERNATIONAL PERSPECTIVES

For questions regarding Child Life Certification, please refer to [www.childlife.org](http://www.childlife.org) and/or contact the **Association of Child Life Professionals**:

11820 Parklawn Dr. Suite 204  
Rockville, MD 20852-2529  
(301)881-7090

**DEPARTMENTAL ACADEMIC ADVISOR**

<p><a href="http://www.fcs.utah.edu/advising">www.fcs.utah.edu/advising</a> <a href="mailto:advisor@fcs.utah.edu">advisor@fcs.utah.edu</a> 801-581-6521 Alfred Emery Building Room 228 Find us on Facebook, search: Department of Family and Consumer Studies University of Utah</p>
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**CAREER COUNSELOR: What else can you do with a Major in HDFS?**

<p><b>Ella Butler</b> 801-581-9703 <a href="mailto:ebutler@sa.utah.edu">ebutler@sa.utah.edu</a> Office: SSB 350</p>	<p>Schedule an appointment by calling <b>Career Services</b> at 801-581-6186 or at: <a href="http://www.careers.utah.edu">www.careers.utah.edu</a></p>
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**REQUIREMENTS SUBJECT TO CHANGE. Students are encouraged to meet with their advisor on a regular basis.**  
*Updated 6-22-17*