**MAJOR: Human Development and Family Studies**  
**EMPHASIS: CHILD LIFE**  
Minimum HDFS-CL Major Hours: **35-41** (at least 18 semester hours for the HDFS major must be completed at the University of Utah). All HDFS-CL major and allied courses must be completed with a letter grade of C- or better.

### 1. MAJOR CORE (6 Credits)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit</th>
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</thead>
<tbody>
<tr>
<td>FCS 1500</td>
<td>Life Span Human Development (BF)</td>
<td>3</td>
</tr>
<tr>
<td>FCS 2400</td>
<td>Modern Family: A Life Course Perspective (BF)</td>
<td>3</td>
</tr>
</tbody>
</table>

### 2. PREREQUISITE COURSES (9-15 credits)

Meet with advisor to ensure successful completion of required prerequisites!

1. **FCS 2610 Understanding Children’s Behavior**  
   
   Pre-req: FCS 2610  
   can be taken with FCS 5311 but must be completed before FCS 5312

2. **FCS 5310 Foundations of Child Life Practice** - **SUMMER ONLY**  
   Pre-req: FCS 1500  
   OR in place of 5310 all 3 of the following:  
   - FCS 3215 Beginnings: Development During Infancy and Childhood  
   - FCS 5230 Adolescence  
   - FCS 5250 Theories of Human Development (CW)

### 3. CHILD LIFE COURSE WORK (6 credits)

<table>
<thead>
<tr>
<th>Semester</th>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall ONLY</td>
<td>FCS 5311</td>
<td>Childhood Healthcare I</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Pre-reqs: see section 2 above</td>
<td></td>
</tr>
<tr>
<td>Spring ONLY</td>
<td>FCS 5312</td>
<td>Childhood Healthcare II</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Pre-reqs: Section 2 and FCS 5311</td>
<td></td>
</tr>
</tbody>
</table>

### 3. CHILD LIFE ELECTIVES (Minimum 3 Credits) Choose 1 Course

These courses can be taken before, with, or after the Childhood Health Care courses

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit</th>
</tr>
</thead>
<tbody>
<tr>
<td>FCS 2570</td>
<td>Middle Childhood: The School Years</td>
<td>3</td>
</tr>
<tr>
<td>FCS 2600</td>
<td>Introduction to Early Childhood Education</td>
<td>3</td>
</tr>
<tr>
<td>FCS 3215</td>
<td>Beginnings: Development During Infancy and Childhood (BF) if not used as 5311 pre-req</td>
<td>3</td>
</tr>
<tr>
<td>FCS 3240</td>
<td>Family Belief Systems (CW)</td>
<td>3</td>
</tr>
<tr>
<td>FCS 3270</td>
<td>Parenting</td>
<td>3</td>
</tr>
<tr>
<td>FCS 3370</td>
<td>Parenting Across Cultures (IR)</td>
<td>3</td>
</tr>
<tr>
<td>FCS 3290</td>
<td>Ethnic Minority Families (DV)</td>
<td>3</td>
</tr>
<tr>
<td>FCS 5170</td>
<td>Creativity in Young Children</td>
<td>3</td>
</tr>
<tr>
<td>FCS 5230</td>
<td>Adolescence if not used as 5311 pre-req</td>
<td>3</td>
</tr>
<tr>
<td>FCS 5250</td>
<td>Theories of Human Development (CW) if not used as 5311 pre-req</td>
<td>3</td>
</tr>
<tr>
<td>FCS 5310</td>
<td>Foundation of Child Life Practice if not used as 5311 pre-req</td>
<td>3</td>
</tr>
<tr>
<td>FCS 5370</td>
<td>Family Violence (CW)</td>
<td>3</td>
</tr>
<tr>
<td>FCS 5380</td>
<td>Family Problems</td>
<td>3</td>
</tr>
<tr>
<td>FCS 5940</td>
<td>Attachment Theory Across the Lifespan</td>
<td>3</td>
</tr>
</tbody>
</table>

### 4. DEPARTMENT CORE (11 Credits)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credit</th>
</tr>
</thead>
<tbody>
<tr>
<td>FCS 3200</td>
<td>Research Methods</td>
<td>4</td>
</tr>
<tr>
<td>FCS 3210</td>
<td>Statistics (QB/QI)</td>
<td>4</td>
</tr>
<tr>
<td>FCS 3450</td>
<td>Family Economic Issues (QI/BF)</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>--OR--</td>
<td></td>
</tr>
<tr>
<td>FCS 3600</td>
<td>Consumer and Community Studies</td>
<td>3</td>
</tr>
</tbody>
</table>

### 5. ALLIED COURSES (12 Credit Hours)

These courses can be taken before, with, or after the Childhood Healthcare courses  
From the areas of social & behavioral science, education, health science, consumer & community studies major and/or other academic disciplines approved by the FCS Department. Students admitted to the U of U can use their Degree Audit Report to view all approved departments from which to select allied courses from. Students are encouraged to consider adding a second major, minors, and/or certifications to increase career options. SEE BACK PAGE FOR RECOMMENDATIONS, then meet with an advisor to discuss

Additional classes required by the Association of Child Life Professional if not certified by Jan. 2019

- FCS 3215 Infancy and early Childhood – if not taken in the major  
- FCS 5230 Adolescence – if not taken in the major  
- H EDU 3190 Death and Dying

The FCS department at the University of Utah is currently investigating the need for a new course to cover the ACLP’s requirement for a class with very specific curriculum on the topic of play. If a new class is deemed necessary it will be added to this list.

**Strongly recommended by the ACLP but not required:**

- Human Anatomy/Physiology H EDU 4650  
- Medical Terminology H EDU 3030  
- Ethics with a focus on Medical Health Care

A Clinical Internship has always been required by the ACLP to become a CLS; it will be increasing from 480 hours to 600 hours.

More and more hospitals are now requiring a child life practicum before their internships. To see all your options for practicums and internships across the country we recommend you become a student member of the child life council so that you can access their directory. [http://www.childlife.org/Membership/](http://www.childlife.org/Membership/)

“The Certified Child Life Specialist (CCLS) credential is the exclusive certification issued by the Association of Child Life Professionals (ACLP). The requirements for becoming certified are based on academic and clinical experiences, and successful completion of the Child Life Professional Certification Examination.”

Information taken from: [www.childlife.org/certification](http://www.childlife.org/certification)

The FCS department at the University of Utah does **NOT** provide certification. The FCS department at the University of Utah provides the courses that are recognized by the ACLP as fulfilling their course work requirement.
RECOMMENDED MINORS/CERTIFICATES (IN A-Z ORDER)

APPLIED POSITIVE PSYCHOLOGY CERTIFICATE
http://ed-psych.utah.edu/positive-psych/undergrad-certificate.php

DISABILITY STUDIES MINOR
http://www.disabilitystudies.utah.edu/undergraduate/index.php

HEALTH EDUCATION MINOR

PSYCHOLOGY MINOR

PEDIATRIC RESEARCH MINOR
http://medicine.utah.edu/pediatrics/research_education/ped5900/index.php

OTHER COURSES THAT PAIR WELL WITH CHILD LIFE
(IN A-Z AND NUMERICAL ORDER)

CLCS 3720 EMPATHY, MEDICINE, AND THE HUMAN CONDITION
ED PS 5062 COPING WITH DIFFICULT PEOPLE
ED PS 5066 GROWING FROM TRAUMATIC LIFE EXPERIENCE
ED PS 5070 CHANGING CHILDREN’S BEHAVIOR USING POSITIVE METHODS
ED PS 5072 POSITIVE PSYCHOLOGY OF WORK AND CAREER
H EDU 1950 EMERGENCY FIRST AID
H EDU 3030 MEDICAL TERMINOLOGY
H EDU 3035 MEDICAL SPANISH
H EDU 3160 STRESS MANAGEMENT
H EDU 3190 DEATH AND DYING
H EDU 4350 PERSONAL AND INTERDEPENDENT RESILIENCY
H EDU 4650 ANATOMY AND PHYSIOLOGY FOR HEALTH
PSY 3150 SENSATION AND PERCEPTION (PSY 1010 PRE-REQ)
PSY 3460 HEALTH PSYCHOLOGY (PSY 1010 PRE-REQ)
PSY 4460 SOCIAL PSYCHOLOGY OF HEALTH ILLNESS (PSY 3460 PRE-REQ)
SOC 3671 SOCIOLOGY OF HEALTH
SP ED 3010 HUMAN EXCEPTIONALITY
SP ED 3020 SPECIAL ED GLOBALIZATION AND INTERNAITONAL PERSPECTIVES

For questions regarding Child Life Certification, please refer to www.childlife.org and/or contact the Association of Child Life Professionals:
11820 Parklawn Dr. Suite 204
Rockville, MD 20852-2529
(301)881-7090

DEPARTMENTAL ACADEMIC ADVISOR
http://www.fcs.utah.edu/advising
advisor@fcs.utah.edu
801-581-6521
Alfred Emery Building Room 228
Find us on Facebook, search:
Department of Family and Consumer Studies University of Utah

CAREER COACH: What else can you do with a Major in HDFS?
Ella Butler
801- 581-9703
ebutler@sa.utah.edu
Office: SSB 350
Schedule an appointment by calling Career Services at 801-581-6186 or at: www.careers.utah.edu

REQUIREMENTS SUBJECT TO CHANGE. Students are encouraged to meet with their advisor on a regular basis.
Updated 7-20-17