

MAJOR: HUMAN DEVELOPMENT & FAMILY STUDIES (HDFS)

Minimum HDFS Major Hours: 32 (at least 18 semester hours for the HDFS major must be completed at the University of Utah). All HDFS major and allied courses must be completed with a letter grade of C- or better.

1. DEPARTMENT CORE (11 Credit Hours)

FCS 3200 Research Methods	4
FCS 3210 Statistics (QB/QI)	4
FCS 3450 Family Economic Issues (QI/BF) --or--	3
FCS 3600 Consumer and Community Studies	3

2. HDFS CORE (6 Credit Hours)

FCS 1500 Lifespan Human Development (BF)	3
FCS 2400 Modern Family: a Life Course Perspective(BF)	3

3. **HDFS ELECTIVES** (15 Credit Hours – See list to the right): Some courses have a range of credit hours from which to select such as Internships (FCS/SBS 4910) & Undergraduate Research (FCS 5950). Students can discuss their options for selecting HDFS elective courses & hours with Advisors.

4. **ALLIED COURSES** (12 Credit Hours): From the areas of social & behavioral science, education, health science, consumer & community studies major and/or other academic disciplines approved by the FCS Department. Students admitted to the U of U can use their *DARS Report* to view all approved departments from which to select allied courses from. Students are encouraged to consider adding a second major, minors, emphases, and/or certifications to increase career options. Students can discuss these options with Advisors.

DEPARTMENTAL ACADEMIC ADVISORS

Schedule an appointment: www.fcs.utah.edu	
Find us on Facebook, search: Department of Family and Consumer Studies University of Utah	
Jenny Stout Graduate and Undergraduate Advisor jenny.stout@fcs.utah.edu Office: AEB 232 801- 581-6521	Wendy Smith Undergraduate Advisor wendy.smith@fcs.utah.edu Office AEB 237

CAREER COUNSELOR: What can you do with a Major in HDFS?

Emily McCoy Marley 801- 585-5049 emccoymarley@sa.utah.edu Office: SSB 350	Schedule an appointment by calling Career Services at 801-581-6186 or at: www.careers.utah.edu
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This class has both online and in class sections

This class is only offered online

This class is only offered as a hybrid (part in class/part online)

HDFS ELECTIVES

15 credits hours minimum / 6 credits hours must be at the 5000 Level

FCS 2570 Middle Childhood: The School Years	3
FCS 2600 Intro to Early Childhood Education	3
FCS 2610 Understanding Children	3
FCS 2620 Child Development Practicum (pre 2610)	3
FCS 2640 Integrated Curriculum Methods	3
FCS 3180 Family, School, and Community Connections	3
FCS 3215 Beginnings: Development in Infancy & Childhood (BF)	3
FCS 3216 Interacting with Infants and Toddlers	3
FCS 3240 Family Belief Systems (CW)	3
FCS 3245 Human Sexuality in a World of Diversity(DV)	3
FCS 3260 Fatherhood	3
FCS 3270 Parenting	3
FCS 3290 Ethnic Minority Families (DV) (HF)	4
FCS 3370 Parenting Across Cultures (IR)	3
FCS 3430 Family Advocacy and Policy (Optional Service Learn credit with this class FCS 3904)	3 1
FCS 3630 Love and Intimacy (BF)	3
FCS 3640 The Science of Play: Creative Planning for Early Learners	3
FCS 4910 Internship	1-4
FCS 5170 Creativity in Young Children	3
FCS 5200 Families and Social Policy	3
FCS 5210 Family Life Education	3
FCS 5230 Adolescence	3
FCS 5240 Mid/Later Life Development and Family	3
FCS 5250 Theories of Human Development (CW)	3
FCS 5280 Marriage, Divorce, and Remarriage	3
FCS 5310 Foundations of Child Life (Pre-req Required)	3
FCS 5311 Childhood Healthcare I (Pre-reqs Required)	3
FCS 5312 Childhood Healthcare II (Pre-reqs Required)	3
FCS 5370 Family Violence (CW)	3
FCS 5380 Family Problems	3
FCS 5390 Gender and Minorities Across Lifespan (DV)	3
FCS 5430 Families, Consumers, and Health	3
FCS 5590 Intensive Spanish Culture and Community(IR) 3 week study abroad Summer semester only	4
FCS 5630 Healthy Communities	3
FCS 5940 Attachment Theory Across the Lifespan	3
FCS 5950 Undergraduate Research	1-4
FCS 5962 Special Topics in HDFS	3
FCS 3450 or 3600 - If course not used for department core	3

REQUIREMENTS SUBJECT TO CHANGE. Students are encouraged to meet with their advisor on a regular basis. Updated 04/7/2015

MINOR: HUMAN DEVELOPMENT & FAMILY STUDIES (HDFS)

Minimum HDFS Minor Hours: 16 (at least 6 semester hours for the HDFS minor must be completed at the University of Utah). **All HDFS minor courses must be completed with a letter grade of C- or better.**

HDFS Core (6 Credits)

Course	Credits
FCS 1500 Lifespan Human Development(BF)	3
FCS 2400 Modern Family: A Life Course Perspective(BF)	3

HDFS Electives (Min. 10 Credit Hours)

Course	Credits
FCS 2570 Middle Childhood: The School Years	3
FCS 2600 Intro to Early Childhood Education	3
FCS 2610 Understanding Children's Behavior	3
FCS 2620 Child Development Practicum (Pre-req 2610)	3
FCS 2640 Integrated Curriculum Methods	3
FCS 3180 Family, School, and Community Connections	3
FCS 3215 Beginnings: Development in Infancy & Childhood (BF)	3
FCS 3216 Interacting with Infants and Toddlers	3
FCS 3240 Family Belief Systems (CW)	3
FCS 3245 Human Sexuality in a World of Diversity(DV)	3
FCS 3260 Fatherhood	3
FCS 3270 Parenting	3
FCS 3290 Ethnic Minority Families (DV) (HF)	4
FCS 3370 Parenting Across Cultures (IR)	3
FCS 3430 Family Advocacy and Policy (Optional Service Learn credit with this class FCS 3904)	3 1
FCS 3630 Intimacy and Love (BF)	3
FCS 3640 The Science of Play: Creative Planning for Early Learners	3
FCS 4910 Internship	1-4
FCS 5170 Creativity in Young Children	3
FCS 5200 Family and Social Policy	3
FCS 5210 Family Life Education	3
FCS 5230 Adolescence	3
FCS 5240 Mid/Later Life Development and Family	3
FCS 5250 Theories of Human Development (CW)	3
FCS 5280 Marriage, Divorce, and Remarriage	3
FCS 5310 Foundations of Child Life (Pre-req Required)	3
FCS 5311 Childhood Healthcare I (pre-reqs Required)	3
FCS 5312 Childhood Healthcare II (pre-reqs Required)	3
FCS 5370 Family Violence (CW)	3
FCS 5380 Family Problems	3
FCS 5390 Gender and Minorities Across the Lifespan (DV)	3
FCS 5430 Families, Consumers, and Health	3

HDFS Electives, continued

FCS 5590 Intensive Spanish Culture and Community(IR) 3 week study abroad Summer semester only	4
FCS 5940 Attachment Theory Across the Lifespan	3
FCS 5630 Healthy Communities	3
FCS 5950 Undergraduate Research	1-4
FCS 5962 Special Topics in HDFS	3

HUMAN DEVELOPMENT AND FAMILY STUDIES

The objective of Human Development and Family Studies is to provide students with an integrated knowledge and interdisciplinary understanding of family relationships and individual development over the life course. The curriculum in the major & minor is organized into two conceptual domains: human development and family studies. Students then choose from several focus courses that expand their knowledge of particular life stage, family process, or family-institution interface within each block of human development courses and family studies courses. Majors are expected to acquire the following skills/knowledge:

Human Development

*Mastery of the principles of human development, and an understanding of the key developmental task of each stage of life.

*Depth of understanding on developmental stages (i.e. infancy, early childhood, adolescence, etc) with particular emphasis on the family as a context for human development.

Family Studies

*Understanding of intra-family processes such as power, decision making, and communication; mastery of family theories and conceptual frameworks, such as the systems perspective, constructivist, functional and conflict theories.

*Mastery of family ecological models, including principles of reciprocity and interdependence between larger contextual environments and the family, and an understanding of family policy.

*Depth of understanding on comprehensive examination of the interface between the family and various social/political/cultural environments.

Methods

*Understanding of the principles of research methods, including issues of internal and external validity, correlation versus causation, and operationalization: ability to critique and evaluate written research reports.

*Ability to perform basic statistical tests, and understanding of the application of statistical tests, and understanding of the application of statistics in the research process.

With these skill graduates are prepared to work with, and for, a variety of private and public organizations. Examples include the following:

*Social services within the government

*Working with programs for people at risk: elderly, children, adolescents, etc.

*Early childhood education

*Child Life Specialist

*Family Life Educator