MAJOR: HUMAN DEVELOPMENT & FAMILY STUDIES (HDFS)

EMPHASIS: CHILD LIFE

Minimum HDFS-CL Major Hours: 41-44 (at least 18 semester hours for the HDFS major must be completed at the University of Utah). All HDFS-CL major and allied courses must be completed with a letter grade of C- or better.

1. MAJOR CORE (6 Credits)

- F, S, SU FCS 1500 Life Span Human Development (BF) 3
- F, S, SU FCS 2400 Modern Family: A Life Course Perspective (BF) 3

2. CHILDHOOD HEALTHCARE COURSES (15-21 Credits)

Note the complicated prerequisite structure. Meet with advisor to ensure successful completion of required course work.

- FCS 5311 Childhood Health Care I: Developmental & Family Factors 3
- Pre-requisites to FCS 5311:
  - F, S FCS 2610 Understanding Children’s Behavior 3
  - F, S FCS 2620 Child Development Practicum
    Pre-req: FCS 2610 3
    can be taken with FCS 5311 but must be completed before FCS 5312
  - S, SU FCS 5310 Foundations of Child Life Practice
    Pre-req: FCS 1500 3
    OR in place of 5310 all 3 of the following:
    - F, S FCS 3215 Beginnings: Development During Infancy and Childhood 3
    - F S FCS 5230 Adolescence
      Pre-req: FCS 2610 or FCS 3215 3
    - S, SU FCS 5250 Theories of Human Development (CW)
      Pre-req: FCS 2610 or FCS 3215 3

- S FCS 5312 Childhood Health Care II: Skills & Intervention Techniques
  prerequisite: FCS 5311 and FCS 2620 3

3. CHILD LIFE ELECTIVES (Minimum 3 Credits) Choose 1 Course

These courses can be taken before, with, or after the Childhood Health Care courses.

- F, S, SU FCS 2570 Middle Childhood: The School Years 3
- F, S FCS 2621 Introduction to Early Childhood Education 3
- F, S, SU FCS 3215 Beginnings: Dev. During Infancy and Childhood (BF)
  if not used as 5311 pre-req 3
- F, S FCS 3240 Family Belief Systems (CW) 3
- F, S FCS 3270 Parenting 3
- F FCS 3370 Parenting across Cultures (IR) 3
- F, S FCS 3290 Ethnic Minority Families (DV) 3
- S FCS 5170 Creativity in Young Children 3
- S, SU FCS 5230 Adolescence
  if not used as 5311 pre-req 3
- S, SU FCS 5250 Theories of Human Development (CW)
  if not used as 5311 pre-req 3
- SU FCS 5310 Foundation of Child Life Practice
  if not used as 5311 pre-req 3
- F, S FCS 5370 Family Violence (CW) 3
- F FCS 5380 Family Problems 3
- S FCS 5940 Attachment Theory Across the Lifespan 3

4. DEPARTMENT CORE (11 Credits)

These courses can be taken before, with, or after the Childhood Healthcare courses.

- F, S, SU FCS 3200 Research Methods 4
- F, S, SU FCS 3210 Statistics (QB/QI) 4
- F, S, SU FCS 3450 Family Economic Issues (QI/BF)
  --or-- 3
- F, S, SU FCS 3600 Consumer and Community Studies 3

5. ALLIED COURSES (12 Credit Hours)

These courses can be taken before, with, or after the Childhood Healthcare courses. From the areas of social & behavioral science, education, health science, consumer & community studies major and/or other academic disciplines approved by the FCS Department. Students admitted to the U of U can use their DARS Report to view all approved departments from which to select allied courses from. Students are encouraged to consider adding a second major, minors, and/or certifications to increase career options. SEE BACK PAGE FOR RECOMMENDATIONS, then meet with an advisor to discuss.

“The Certified Child Life Specialist (CCLS) credential is the exclusive certification issued by the Child Life Council. The requirements for becoming certified are based on academic and clinical experiences, and successful completion of the Child Life Professional Certification Examination.” Information taken from: www.childlife.org/certification

The FCS department at the University of Utah does NOT provide certification.

For questions regarding Child Life Certification, please refer to www.childlife.org and/or contact the Child Life Council:

11820 Parklawn Dr. Suite 204
Rockville, MD 20852-2529
(301)881-7090

DEPARTMENTAL ACADEMIC ADVISOR

Schedule an appointment
www.fcs.utah.edu
Find us on Facebook, search:
Department of Family and Consumer Studies University of Utah

Jenny Stout
Graduate/Undergraduate Advisor
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Office: AEB 232 801-581-6521

Wendy Smith
Undergraduate Advisor
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CAREER COUNSELOR: What else can you do with a Major in HDFS?

Emily McCoy Marley
801-585-5049
emccoymarley@sa.utah.edu
Office: SSB 350

Schedule an appointment by calling Career Services at
801-581-6186 or at:
www.careers.utah.edu

REQUIREMENTS SUBJECT TO CHANGE. Students are encouraged to meet with their advisor on a regular basis. Updated 04/10/15
**RECOMMENDED COURSES** (IN A-Z AND NUMERICAL ORDER)

CLCS 3720 EMPATHY, MEDICINE, AND THE HUMAN CONDITION  
ED PS 5062 COPING WITH DIFFICULT PEOPLE  
ED PS 5066 GROWING FROM TRAUMATIC LIFE EXPERIENCE  
ED PS 5070 CHANGING CHILDREN’S BEHAVIOR USING POSITIVE METHODS  
ED PS 5072 POSITIVE PSYCHOLOGY OF WORK AND CAREER  
H EDU 1950 EMERGENCY FIRST AID  
H EDU 3030 MEDICAL TERMINOLOGY  
H EDU 3035 MEDICAL SPANISH  
H EDU 3160 STRESS MANAGEMENT  
H EDU 3190 DEATH AND DYING  
H EDU 4350 PERSONAL AND INTERDEPENDENT RESILIENCY  
PSY 3150 SENSATION AND PERCEPTION (PSY 1010 PRE-REQ)  
PSY 3460 HEALTH PSYCHOLOGY (PSY 1010 PRE-REQ)  
PSY 4460 SOCIAL PSYCHOLOGY OF HEALTH ILLNESS (PSY 3460 PRE-REQ)  
PRT 3325 DISABILITIES, ADAPTATION AND ACCESSIBILITY IN THERAPEUTIC RECREATION  
PRT 3330 FOUNDATIONS OF THERAPEUTIC RECREATION  
SOC 3671 SOCIOLOGY OF HEALTH  
SP ED 3010 HUMAN EXCEPTIONALITY  
SP ED 3020 SPECIAL ED GLOBALIZATION AND INTERNATIONAL PERSPECTIVES

**RECOMMENDED MINORS/CERTIFICATES** (IN A-Z ORDER)

APPLIED POSITIVE PSYCHOLOGY CERTIFICATE  
http://ed-psych.utah.edu/positive-psych/undergrad-certificate.php  

DISABILITY STUDIES MINOR  
http://www.disabilitystudies.utah.edu/undergraduate/index.php  

HEALTH EDUCATION MINOR  

PSYCHOLOGY MINOR  

PARKS RECREATION AND TOURISM MINOR WITH A THERAPEUTIC RECREATION FOCUS  
http://www.health.utah.edu/prt/Undergraduate/minor.html